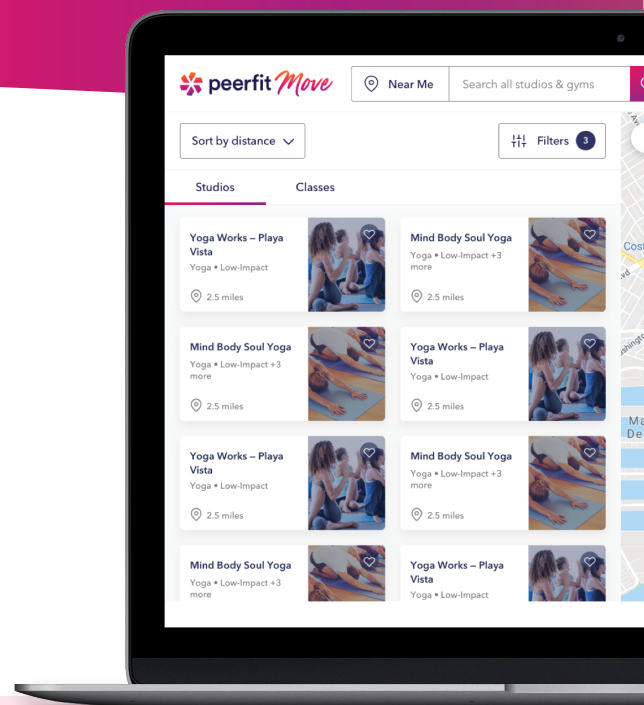


# What is Peerfit Move?

Peerfit Move gives members access to a variety of fitness studios, gyms, digital wellness content, and community events. This benefit is provided by your health plan at no additional cost. You'll be able to continue your current fitness routine while having access to a variety of new activities.

## How Does Peerfit Move Work?

At the beginning of each month, credits are provided to you via your Peerfit Move account. You can use your Peerfit Move credits at any fitness experience in the Peerfit Move network. Each fitness experience has a credit 'cost' associated with it that's paid for by the credits in your account. Peerfit Move credits don't roll over, but a new set of credits replenish at the beginning of every month.



## What are Peerfit Move Credits?

Peerfit Move credits are tokens that can be used for gym memberships, fitness classes, or other fitness services offered by Peerfit Move. Credits are paid for by your health plan as part of your health plan benefit at no additional cost.



### Who Pays for Credits?

Your health plan provides you with a set number of credits each month. Credits do not rollover.



### Where they can be used?

Credits can be used on the Peerfit Move website to reserve a fitness experience for any location or activity in the Peerfit Move network.



Every month, a set number of credits are added to your account. Each fitness experience has a credit 'cost' associated with it.

# What is Peerfit Move?

## Continued

### For example:






- 1 class at a local yoga studio might cost 8 credits
- 1 monthly membership at a local gym with unlimited visits might cost 24 credits
- 1 Yoga FitKit might cost 15 credits

### Choose which combination of experiences you want to use your monthly allotment of credits towards.

Included in your Peerfit Move account is an unlimited membership to our digital streaming partner, who offers classes in fitness, nutrition, mindfulness, and more!



## To Get Started:

-  1 Go to [peerfitmove.com/hap](https://peerfitmove.com/hap) and click '**Sign Up**'.\*
-  2 Answer a few questions to set your preferences and check your email to verify your email address.
-  3 Choose from a variety of fitness options: attend studio classes (available in-person or from your home), sign up for gym memberships with unlimited visits, or watch recorded classes through our digital streaming partner. Explore the network online to see the facilities, class schedules, and descriptions.
-  4 Reserve a class or activate a membership using your health plan-provided Peerfit Move credits.
-  5 Show up and work out!

*\*Should you not have access to the internet, call **1-855-378-6683** to get started. Once online, answer a few questions to help us customize your experience. You can register with your PMID if you have it on hand, or without.*

## Need Additional Help?

Should you have any difficulty creating or accessing the Peerfit Move website, or for any general questions about the program, please contact us at [move@peerfit.com](mailto:move@peerfit.com) or call us at **1-855-378-6683** option 1.

Life keeps moving, so can you.